



Premier pushes climate change

Stelmach wants to see strategy from newly re-elected Conservative government

JEFF CUMMINGS for Metro Canada

Alberta's premier is asking the newly re-elected minority federal **Conservative government** to come up with a strategy to tackle climate

"Let's start working to-

getting these issues settled," said Stelmach yesterday, one day after vot-ers gave the Stephen Harper's Tories a larger minority government in

Stelmach's government has announced its own plans for cutting down greenhouse gas emissions

wards a common goal in through its carbon strategy, but premier wants to see its plans harmonized with Ottawa.

"After last night, clearly Canadians were cerned

about

jobs, they were concerned looking forward to that." about the economy, bringing in certainty and predictability, even though it's a minority government," said Stelmach.

"I have heard both leaders yesterday say they're committed to working together in bringing some predictability and consistency with policy, so I'm

Stelmach also wants to hear a clearer explanation from Harper about his campaign promise to ship raw bitumen from Alberta's oilsands only to coun-

tries that have solid

records on greenhouse

gas emissions. The federal government currently controls exports and relations with other countries, but provincial government has control over shipping of bitumen since it is a natural resource owned by the province.

Stelmach told reporters that Canada already ships bitumen to countries that have poor track records in carbon emissions.

Canada pg 5

Dion poised to resign



Stamps star after record



Hot potato, sweet potato

Share **Your** Views calgaryletters@metronews.ca



Paul Gross and Caroline Dhavernas hit the red carpet at the Jack Singer Concert Hall last night for the Calgary premiere of Passchendaele. Gross directed and starred in the Alberta-made movie, which opens in Calgary tomorrow.

Passchendaele director brings movie home

HEATHER SETKA

MOVIES Director

Paul Gross' film Passchendaele opens like most war epics with confusion, explosions, and incomprehensible violence. The difference with Gross' film is that this horrific scene actually happened.

Gross wrote Passchendaele's dramatic opening based on his grandfather's own experience in the First World War. "(That story) changed my life," Gross said on the red carpet of

the film's Calgary premier last night.

"His spirit is in (the movie)," Gross said.

Filmed in Alberta in 2007, the rest of the movie's storyline is fiction, and follows one man's journey, played by Gross, during the war. Several

scenes are set in historical Calgary, and the film's crew was made up of primarily local talent.

"It's very exciting to be bringing this film back to the people who made it," Gross said. "It all started here.

MORE COVERAGE, PAGE 4.

CFS refutes U of C claim of likely suit

LAW Claims of a possible lawsuit stemming from a University of Calgary Graduate Students Association split from the Canadian Federation of Students are "bizarre" and "unsubstantiated," according to a CFS rep.

Melanee Thomas, a former U of C political science student and CFS national executive representative, said the process of exiting the organization is the same as entering.

"We're certainly not in the business of suing member schools," Thomas said. "Most often when we wind up in court, it's because we're the one's facing legal action so I'd have to question the motive behind such comments. They're unsubstantiated."

Thomas' rebuttal came after a Tuesday article in Metro where U of C GSA president Rithesh Ram said he expected his association would face a lawsuit for trying to break ties with the largest student organization in Canada. Ram said the GSA had collected 800 signatures on a petition and expects and April referendum, a process Thomas said has vet to be initiated.

NEIL MACKINNON/METRO CALGARY



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metro

Just over half of eligible Calgary voters made the trip to the polls on Tuesday, according to stats released by Elections Canada. In the Calgary region, 526,566 registered electors voted, which was 54.6 per cent of those eligible in 11 ridings. METRO CALGARY





Listings, prices drop on Calgary homes

Calgary is helping lead a national downward march on the national housing scene, posting an 11.7 per cent year over year drop in new listings while the average home price dropped six per cent in the third quarter. Nationally, average home prices fell 4.9 per cent while new listings fell 3.3 per cent.

METRO CALGARY



9 Tonight



() ROGERS[™]

The Bride's Diary: Vol. 3

Dear Diary,

Apparently my identity could be revealed because my picture has gotten into the hands of the media. I'm not sure what to make of this.

Hopefully, my identity will be protected until the wedding day arrives! I'll have to leave that in the capable hands of the Energy management and legal team to sort out. Who knows what tomorrow will bring...

As for the grooms, I look forward to hearing more clips in the morning and maybe more listener questions. I feel very lucky to have so much support as I venture forward, closer each day to the unknown groom!

I can't wait until the top 5 grooms are selected and each has their day on air. Will Monday's groom be my perfect match? How about Friday? So exciting! I will also be looking forward to everyone's feedback as I pick my final groom.



Store seeks home for sick pup

KRISTA SYLVESTER krista.sylvester@metronews.ca

One cute six-month-old puppy is available to a good home.

But that home has to be extra special. Yellow Lab Maggie May was born with a terminal disease called megaesophagus, a condition that causes the esophagus to dilate, thus when the dog eats, it regurgitates the food.

"She needs a lot of time and attention. She would be the perfect dog for someone who is home during the day," Petland employee Lindsey Luimes told Metro.

Luimes says the store is

very fond of the puppy, but because of her condition and their no-kill policy, they are afraid she'll have to live her life expectancy of four years in the store.

"She's an awesome dog that we have all fallen in love with," Luimes said.

Because of the disease Maggie needs to be fed four times a day with a mixed diet of dry and soft food, and then held up for 20 minutes while she digests her food.

"But she knows the drill now, so she actually helps you out. It's not hard to do, it just takes time and care," Luimes added.

Petland's Lindsey Luimes holds six-month-old Maggie May.



Thai officer denied bail

BANGKOK The Thai officer accused in the shooting death of Calgarian Leo Del Pinto will be kept behind bars until his Thailand trial.

Accused police officer Sgt. Uthai Dechawiwat was denied bail when he appeared at an arraignment hearing yesterday in Bangkok, according to the Del Pinto family lawyer Adriano Iovinelli.

Iovinelli added the family is still awaiting confirmation from Foreign Affairs but is very relieved the suspect was detained.

Del Pinto, 25, was killed in January when he was shot twice. Dechawiwat was arrested and charged with premeditated murder.

KRISTA SYLVESTER/METRO CALGARY

Biomedical centre planned in U of C report

NEIL MACKINNON
neil.mackinnon@metronews.ca

It's economic diversification and health care evolution all rolled into one.

University of Calgary president Harvey Weingarten announced plans for the creation of a national biomedical engineering facility yes-

terday at his fifth annual report to the community.

He thinks it will both diversify the province's economy, creating thousands of jobs, and help bring overall health care costs down across the globe.

"If we can develop technologies that are effective therapeutically and clinically and make the work of docs and nurses and healthcare workers more efficient, we can bring down costs," he said. "We intend to commercialize, sell these things, and pour the money back into the creation of more of these devices."

Weingarten said it was premature to speculate just how much the creation of the centre will cost, but added that it will take financial co-operation between all levels of government and the private sector in order to stimulate its growth and entrench it in the economy.

"This work is already being done here at various parts of our campus," he said. "We have a very solid base and foundation for this."



Watch as Plan It Calgary

looks to the future to build the present at metronews.ca/canada **Read** about poisoned lawyers, pirates and McCain's Palin pain in Metro Snapshot

Lotteries

Lotto 6/49 7, 9, 15, 21, 38 & 40. Bonus 13. These results are not official.



Police are seeking a suspect in a home invasion in the 4600 block of Stanley Road SW after residents were threatened at gunpoint on Tuesday. The suspect fired a shot before fleeing. No one was hurt. METRO NEWS SERVICES

Actress visits Alberta's past

HEATHER SETKA for Metro Calgary

2Strangers & a Wedding

"Nice to meet you...I DO!"

Like most kids who grew up in Calgary, Meredith **Bailey remembers visiting** Heritage Park.

But as a central character in Paul Gross's film Passchendaele, the actress experienced Alberta's history in a way that most of her peers never will.

A number of Bailey's scenes in the First World War-inspired movie were shot at the city's historical theme park.

"I saw it in a totally different way," says Bailey, 25.

"I was proud to be an Albertan."

Meredith Bailey, on filming in Calgary

"It changed my perspective. And Alberta's so beau-

"I was proud to be Albertan," she says.

To prepare for her role, Bailey says she avoided visiting the battlefield set built on the Tsuu T'ina First Nation reserve, west of Calgary. Gross took her to the location while it was under construction but, Bailey says, "that's all I allowed myself to see.

"I thought it was important; the less I knew, the better," says Bailey.

Instead, to capture the essence of a woman left in Canada while her suitor heads off to war, Bailey dug into her own family history.

Her great-grandmother's first love was sent off to war and the young couple corresponded through the mail. One day, his letters abruptly stopped. He'd been killed in battle. Bailey read some of his letters to fuel" her character.

"It's part of my family. It's part of who I am," she



Suspect sought in home invasion

Calgary-born actress Meredith Bailey arrives at the premiere of Passchendaele in Toronto.

Macleod Trail Ape on the loose



A worker tries to steady a massive inflatable ape atop the roof of the Quick Lube Plus on Macleod Trail South yesterday.

Scouting in Calgary, en Francais

KRISTA SYLVESTER krista.sylvester@metronews.ca

Helping French students keep their French — and helping English students to learn it — is the goal of the Francophone Scouts of Calgary.

The group offers activities for kids, much like any other scout camp, but in a French environment.

"It's especially hard for people with French as a first language coming to the city. Everything is in English, so they learn it fast, but sometimes you lose your French," leader Val Melziel said.

The crafts, cooking, and recreational and environmental activities help inspire confidence in immer-

Get involved

 For more information, write to akelanord@scoutsfcalgary.com.

sion students, she said.

The organization is accepting students from seven and 17 years old, and holds activities on Friday nights.

Province to create radio network

EMERGENCY Alberta is developing a new province-wide radio network set to improve the co-ordination of rescue efforts in emergencies and natural disasters, Premier Ed Stelmach announced yesterday.

The system will connect more than 700 emergency responders and government agencies using 30,000 radios.

Construction is expected to start in early 2009, and the operation should begin in 2012. METRO NEWS SERVICES

News in brief

RODEO The Calgary Stampede is hosting one of North America's premier cutting horse events, hosted by Wrangler, until Monday at the Corral and Stampede Park. Competitors will battle for a top prize of \$300,000.

WASTE The city's utilities and environment committee approved a \$4 monthly fee yesterday for residential garbage pickup to be implemented in 2009. Aldermen also approved successive increases in 2009, 2010 and 2011 for water, sewer and storm drain services. The fees are expected to be approved by council in Novem-**METRO NEWS SERVICES**



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Provincial police stopped a car driving slowly on a county road south of Perth, Ont., Sunday, and were surprised to discover a nine-year-old girl behind the wheel, police said. CBC NEWS ONLINE

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Canada

Harper set to fight credit crisis

ECONOMY Newly re-elected Prime Minister Stephen Harper will meet other world leaders and put Parliament back to work quickly to hammer out ways to weather the credit crisis and keep the country's economy competitive, he said yesterday.

In the wake of Tuesday's federal election, which strengthened Harper's minority government, other opposition leaders said they were ready to work together to tackle the fallout from global economic instability.

News in brief

BLOC The separatist Bloc Québécois emerged from Tuesday's Canadian general election with a stronger voice, but its success is not a sign that the issue of Quebec independence is gaining support. REUTERS

May's blunders costly



istening to the jaun-Elizabeth May make her concession speech election night you might think that she had won her riding and the Green party had advanced the cause of a greener Canada. She didn't and it didn't.

Instead, Ms. May's vainglorious crusade has actually hurt her party and the environmental movement in Canada. In two of her most critical decisions, she badly miscalculated.

The first was to contest the riding of Central Nova, which is held by the popular Peter MacKay. It wasn't even close. Mr. MacKay won 18,249 votes, or 46.6 per cent. Ms. May won 12,620 of the votes, or 32.2 per cent.

To say that running against Peter MacKay was foolish is not a matter of hindsight. It was always a matter of foresight - as foolish then as it is now.

The reason is that if you are building a party, your leader must be in Parliament. His or her foremost responsibility is to be elected, anywhere, anyhow.

Had the Greens a representative in Parliament, she could have asked one to resign when she became leader. Without that option, Ms. May had to find a way to get there. Running in a byelection in Ontario made sense for her; running in Central Nova suggests a staggering naiveté and awful political judgment.

Unelected leaders have no credibility. You can stand and squawk in the foyer in the House of Commons, as Ms. May does every day, but really, though, why should anyone listen to you? Especially when your party has 6.8 per cent of the vote.

Her other mistake was more costly. In making an alliance with the Liberals, she found credibility and a place in the leaders' debate she didn't deserve leading a fringe party (4.8 per cent support in 2006).

Today, the leader of the Greens is without a seat and her party without an MP. Her vote is up all of 2.3 points. Conservatives are in, and so is their environmental policy.

> Andrew Cohen is the author of Extraordinary Canadians: Lester B. Pearson.

Dion may step down

LIBERALS Devasted by the disappointing showing of his party in the election, Stéphane Dion is expected to announce today that he will step aside as Liberal leader.

Unlike the other party leaders, he made no public appearances yesterday. Party insiders said he would remain as leader until the Liberals choose a successor.

Dion had been expected to announce in his remarks after the polls closed late Tuesday night that he would set a process in motion to allow his party to choose a new leader. TORSTAR NEWS SERVICE



Senior Liberals whisper that Dion's days as leader are numbered and more at metronews.ca/canada



After a disappointing election campaign, Liberal leader Stéphane Dion will reportedly step aside as the party's leader.



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Drunk sparks hijack alert on Turkish flight A drunk man sparked a hijack alert on a Turkish Airlines plane yesterday after passing a note to the pilot saying he had a bomb, the airline said. Turkish Airlines Chief Executive Temel Kotil told a news conference the passenger was swiftly brought under control. REUTERS

World



Rabbits close Mandela museum

South Africa's Robben Island museum will be closed while authorities cull a colony of rabbits that has invaded the site where Nelson Mandela was jailed to protect plant life and historical buildings. The exact number of rabbits was unknown.

News in brief

WEST BANK Israeli soldiers shot dead a Palestinian in the West Bank yesterday during a demonstration in protest of the killing of another man, officials and residents said. REUTERS



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Rivals clash in lively debate

and Democrat Barack Obama battled fiercely yesterday in their liveliest and most contentious debate. with McCain attacking Obama's tax plan, campaign tone and relationship with a former 1960s radical.

The presidential rivals complained about the negative approach of each other's campaigns during a tense and frequently testy

McCain called on Obama to explain his relationship with former 1960s radical William Ayers, who Obama served on a community board with in Chicago. Obama said he was simply an acquaintance.

McCain entered the debate under intense pres-



Barack Obama shakes hands with John McCain just before the presidential debate at Hofstra University in Hempstead, N.Y.

sure to turn in a strong performance that could turn around a presidential race that has shifted decisively in Obama's favour after weeks of economic turmoil and plunging stock markets.

Opinion polls three weeks before the Nov. 4 election show more voters say they trust Obama's

my, which has dominated the campaign-trail discussion and dwarfed McCain's expertise in foreign and military policy.

The candidates fought over their tax plans and promised to help working Americans like "Joe the plumber." McCain criticized Obama's proposal to raise taxes on Americans who make more than \$250,000 a year, saying it would hurt small business owners like a plumber named Joe who Obama met on the campaign trail.

Obama said his plan would cut taxes for 95 per cent of Americans, while McCain would give tax breaks to oil and gas companies.

REUTERS

Markets plunge as fears trump bailout

ECONOMY Gloomy economic data and warnings from the U.S. Federal Reserve that hard times were still to come wiped out two days of relative optimism about the credit crisis and sent markets into free fall yesterday.

In the worst one-day percentage declines since the stock market crash of 1987, the Dow Jones industrial average ended down 733 points, or 7.87 per cent, and the S&P 500 index lost 9 per cent. The losses reversed Monday's record surges that had

Call to action

• France, Germany and Britain called for G8 leaders to gather next month with the heads of emerging economies to consider a radical overhaul of the world's 60-year-old financial architecture.

been sparked by optimism about bank bailouts.

Chairman Bernanke warned that credit market turmoil posed a "significant threat" to an already weak economy.

European shares shed 6 percent and U.S. crude fell more than \$4 a barrel to a 13-month low of \$74.54.

Governments around the world have pledged \$3.2 trillion US in emergency measures, including taking stakes in banks to help them stabilize, rallying world markets on Mon-

Optimism quickly gave way to fears that major economies were headed for recession despite government intervention.

Thai, Cambodian officials to meet

NEGOTIATIONS Thai and Cambodian military commanders prepared for talks across their disputed border today after the most serious clash in years left two Cambodian soldiers dead and 10 Thais in Cambodian hands.

Despite yesterday's 40minute exchange of rocket and gun fire, Cambodian Foreign Minister Hor Namhong said a scheduled meeting to resolve arguments over the jungle frontier would go ahead, suggesting escalation was not inevitable. REUTERS

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EnCana delays oilsands spinoff

Global market and credit turmoil has forced EnCana Corp. to delay its spinoff of oilsands arm Cenovus Energy. EnCana didn't announce a revised timetable. REUTERS

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Singapore Matchmakers feel the crunch



Vietnamese brides sit inside a matchmaking agency as they talk to a prospective customer in Singapore yesterday. Business in matchmaking in Singapore is faltering as the economy slows and the financial crisis hits consumer sentiment, making it harder for men to pay for their brides.

TSX gains short-lived

The Toronto Stock Exchange's main index plunged again yesterday as resource stocks, led by energy and materials, were pressured by falling commodity prices on concerns global economic weakness would cut demand.

The tumble chipped away at big gains made Tuesday when the index logged a record 9.82 per

cent rise on hopes that new rescue plans around the globe would help fix the financial crisis.

The S&P/TSX composite index closed down 631.83 points, or 6.35 per cent, at 9,323.83, with all but one of its 10 main groups lower. The consumer staples group rose 1.4 per cent.

Base metals prices were down, while bullion was slightly higher. **REUTERS**

Harper proposes fast economic fix

ECONOMY Fresh off his election win, Prime Minister Stephen Harper quickly announced a six-point plan to tackle the threat of an economic downturn. The plan:

- Hold a minister's meeting to co-ordinate efforts
- Summon Parliament to meet in the fall
- Release a fiscal and economic update on the state of the government's books
- Meet with EU leaders at a summit this weekend Attend a summit of G20
- finance ministers in early November
- Attend a summit of G8 leaders on the global crisis TORSTAR NEWS SERVICE

In **brief**

ECONOMY Without action, Conservatives could run a \$10 billion deficit in its 2009-2010 fiscal year as the economy stagnates, an economist said.

HOUSING Canadian resale home values slid 6.2 per cent in September over last year, averaging \$315,461, the Canadian Real Estate Association said.

TORSTAR NEWS SERVICE

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Former Chargers lineman found dead

Former San Diego Chargers defensive lineman Chris Mims was found dead in his Los Angeles apartment yesterday. He was 38. According to KTLA in Los Angeles, police say that Mims was found around 9:30 a.m. by officers on a welfare check. There does not appear to be any evidence of foul play and the cause of death is unknown. METRO NEWS SERVICES

Sports



Ballesteros' tumor removed

on Seve Ballesteros, 51, was in a stable condition after an operation on Tuesday to remove a brain tumour, the Spanish golfer's doctors said yesterday. Reports said the operation lasted 12 hours, but did not say if the tumour was malignant or benign.

SPORTS@METRONEWS.CA

Geronimo chasing record

Nik Lewis likely to break Allen Pitts' consecutive catch streak

STAMPEDERS FEATURE

DAN TOTH for Metro Calgary

Calgary Stampeders fans could never confuse Nik **Lewis with Allen Pitts on** the football field.

Pitts, a Calgary Stampeders slotback from 1990 to 2000, was a lanky speed merchant who provided a deep threat on one of the most dangerous offences Canadian Football League history.

Lewis, currently enjoying the prime of his career in his fifth season in Red and White, is a sure-handed bull whose reckless crashing through opposing tacklers after the catch has become his calling card.

Both players hold the team record with 85 consecutive games with at least one catch while they also share a reputation for

being unique personalities much personality and off the field.

While Pitts was admired teammates

and helped the Stampeders win Grey Cups in 1992 and '98, has his name on the team's wall of fame but was considered a loner who had to be coaxed back to Calgary in 2004 to be honoured by the team in a half-time ceremony.

Lewis, meanwhile, has also come under criticism for his brash and outspoken bravado, adopting an alter-ego named Geronimo while sometimes exhibiting strange behaviour more suitable for a 12-yearold.

quarterback Stamps Henry Burris has thrown the ball to both unique characters and sees the similarities and differ-

"Nik is Nik and has so

that's what makes a team special," Burris said.

"Pitts was himself and Nik is him-

self. I promise Nik is the first guy who would step up for his team. Everybody on the team understood Pitts and respected him. He came to work every day and laid it on the line. He always worked to help guys be better, practiced hard and he made guys on our de-

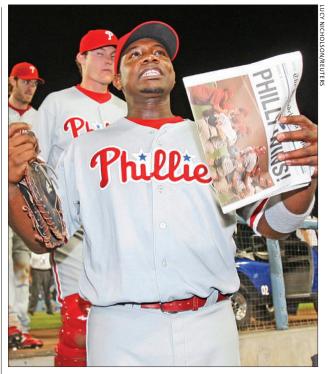
fence play better." Lewis will likely take over sole ownership of the record Saturday when the Stampeders host the Winnipeg Blue Bombers, 4:30 p.m. McMahon Stadium.

Lewis owes the record, at least in part, to his ability to play through pain and inuries...

"It's a credit to the coaching staff, our offence and our training staff for keeping me out there," said Lewis, a 26year-old Texan. "There's games where been some felt I shouldn't have played and games where I may have

been close (to play-

ing). But that's not a record I'm breaking, that's a record the team's breaking. It's a team record, not a Nik Lewis record.



Philadephia Phillies' Ryan Howard celebrates after the Phillies defeated the Los Angeles Dodgers in Game 5 of the Major League Baseball NLCS playoff series in Los Angeles yesterday.

Phillies NLCS champs

NLCS RECAP

Phillies 5, Dodgers 1

BASEBALL The Philadelphia Phillies advanced to their first World Series in 15 years after wrapping up the National League Championship Series with yesterdav.

The Phillies scored three

runs in the first three innings, and starter Cole Hamels held the Dodgers to one run over seven inas Philadelphia nings sealed the best-of-seven NLCS 4-1. Philadelphia awaits the winner of the ALCS, where the Tampa Bay Rays hold a 3-1 lead over the Boston Red Sox. The Phillies will be trying for their first world championship since 1980.

REUTERS

SCOREBOARD

LEAGUE CHAMPIONSHIP SERIES BEST OF SEVEN AMERICAN LEAGUE TONIGHT Tampa Bay at Boston, 6:07 (Tampa leads series 3-1) NATIONAL LEAGUE LAST NIGHT'S GAME Philadelphia 5 L.A. Dodgers 1

(Philadelphia wins series 4-1)

LAST NIGHT Montreal 4 Boston 3 (SO) Buffalo 3 N.Y. Rangers 1 Chicago 4 Phoenix 1 Dallas 6 Nashville 4 Edmonton at Anaheim

TONIGHT'S GAMES New Jersey at Atlanta, 5 Washington at Pittsburgh, 5:30 N.Y. Islanders at Tampa Bay, 5:30

Vancouver at Detroit, 5:30 Dallas at St. Louis, 5:30 Philadelphia at Colorado, 7

FRIDAY, OCT. 17 B.C. at Edmonton, 7 SATURDAY, OCT. 18 Montreal at Toronto, 1

Winnipeg at Calgary, 4:30 SUNDAY, OCT. 19

NHL in brief

MONTREAL Alex Tanguay scored the winning goal in the shootout as the Canadiens edged the Bruins, 4-3, for their 12th straight win over Boston. **CHICAGO** Martin Havlat registered a goal and an assist to lead the Chicago Blackhawks

to a 4-1 win over the Phoenix Coyotes at the United Center. **BUFFALO** Thomas Vanek scored twice and the Buffalo Sabres handed the New York season, 3-1, at Madison Square

a 5-1 Game Five win over the Los Angeles Dodgers Rangers their first defeat of the

Garden. **METRO NEWS SERVICES**

The Commerce Undergraduate Society at the Haskayne School of Business would like to thank all the sponsors of the 22nd Annual Business Day Golf Tournament. It was a great day of golf, food, and networking for both business students and members of the corporate community

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metro

Metro Homes



Clean break

Preparing your home and yard for winter a chance to start anew

L. SARA BYSTERVELD for Source Media Group

The chill in the air belies the coming season, and we all know that it is time to switch gears—prepare for the coming holiday season, put away the summer tools and toys, and do a clean sweep worthy of the change of season.

"I think that the fall is a great time; it's kind of a start to the year," says Maggie Rogers, professional organizer and owner of Amazing Spaces. In order to transition to the new season with a sense of ease, there are a few areas any homeowner should look at.

The whole nine yards

Perhaps the first, before the snow falls and the wind becomes especially cold, should be the yard and garden.

Don't let your first task be to mow the lawn, though. As Peter Hughes, owner of Peter Hughes Landscape recommends, grass should be left a little longer than you would normally cut it over the winter. On top of this should go a good, organic, winter fertilizer (15-10-30).

"If you really want to bring some growth along in spring," Hughes further explains, "apply a very light top-dressing of a loam/sand/sheep manure mix in the late fall."

Trees and shrubs are protected from winter extremes by a good soak — about one hour per tree and 10 minutes per shrub, advises Hughes. This should be done as late in fall as possible, and can be repeated during prolonged chinooks.

In the garden, fall is the time to add compost and remedy poor drainage. This is also the time to plant bulbs and spring flowers, including tulips, alliums and crocuses.

Pilot episode

Fischer recommends having the furnace cleaned and tuned up annually to ensure it is working properly. A clean filter should be installed in the fall and the filter should be cleaned or replaced monthly throughout the heating season.

As Kent Greves of Diamond Fireplace and Stone points out, most fireplaces in homes today run on natural gas. Many people turn off their pilot lights over the summer, which Greves explains can be very hard on the thermocouple of the fireplace — it may even need to be replaced when the time comes to relight the pilot light in the fall

Greves says that many customers call in the autumn asking for help restarting their pilot light. "People think it's going to explode, but it's not possible," he says. When the time comes to turn up the heat, it is also time to turn off the air conditioning. Fischer recommends turning it off at the breaker.

Don't blow off steam

One often overlooked element of temperature regulation is humidity. As Fischer points out, keeping your home at the proper humidity (30 to 45 per cent) can allow you to run the heat at two to three degrees lower than you normally would. He recommends a steam generating humidifier, which runs even when the furnace is not.

Cleaning house

Rogers expands on this with organizing, explaining that because the kids are back in school, this is the perfect time to go through their closets and purge items that are too small or not being used.

And of course, as Christmas looms closer, Rogers suggests getting a head start on organizing early in autumn. One action to take includes examining the home room by room, taking note of repairs that need to be made before holiday visitors arrive.

With a thorough onceover, your home should sail through the winter months, clean, organized and safe.

EDITED FOR LENGTH BY METRO CALGARY



The right kind of tuning and preparation in the fall will give your lawn and garden a head start come spring.

Advertising Feature

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Store in a dry, cool, 55-60°F (12–16°C) place, not in the refrigerator. They will maintain their good quality for up to two weeks. METRO NEWS SERVICES

"Available year round, sweet potatoes' peak season is from October to March."

Barb Holland/for Metro Canada



Pick of the crop

Storage

Buy sweet potatoes that are smooth, well shaped, firm, clean and free of blemishes or soft spots.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

potato by any other name ...

I yam what I yam, except when I'm a sweet potato. Talk about an identity crisis! When it comes to sweet potatoes and yams, much confusion exists.

Sweet potatoes are often mislabelled yams and the two names are often used interchangeably. The sweet potato,

native to Central and South America, can vary in shape from round and fat to long and skinny, knobby and smooth. The skin can range in colour from golden brown to copper or pale pink to deep purple, while the flesh may be white, yellow, orange, red, pink or even purple. The two most common ones in our markets are copperskinned with bright orange flesh or the reddish-skinned sweet poÀ **la** carte **Barb Holland** Metro Food Writer

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tatoes with yellow flesh. The flavour will vary depending on variety, but as a general rule, lighter fleshed sweet potatoes are more delicate, nutty rather than sweet, while the darker ones have a richer spicy-sweet flavour.

Few people outside North America make the yam-sweet potato mistake. Yams have long been a staple in the tropical and subtropical lands where they grow in abun-

Of the hundreds of yam varieties, the ones we are most likely to find are white-fleshed tubers with a brown, rough, scaly skin from the Caribbean.

Curried Lentils, Sweet Potato and Cauliflower

Jarred curry paste not only simplifies this healthy vegetarian dish but adds authentic flavour. The cardamom seeds also add great flavour; look for green cardamom pods in a bulk store or the spice aisle of your grocery store. Serve with roti or naan bread. Makes 4 servings (about 8 cups/2 L).

INGREDIENTS:

- 1 large onion, roughly chopped
- 3 tbsp (45 mL) Indian curry paste (mild or Madras)
- 10 cardamom pods
- 2 medium sweet pota-



Sweet potatoes are very versatile and can be served in both sweet and savoury ways. Cook 'em up like potatoes — bake, roast, boil, microwave or toss on the grill, and try them in soups, salads, stews, pies or puddings.

toes, about 1 lb (500 g), peeled and cut into ½ inch (1 cm) pieces

- 3/4 cup (175 mL) green or brown lentils, rinsed • 2 cups (500 mL) vegetable
- broth • 5 cups (1.25 L) cauli-
- flower florets • 1/4 cup (60 mL) fresh coriander leaves
- Salt and pepper
- Plain yogurt, optional

METHOD:

Heat a large, heavy saucepan over mediumlow heat. Add onion and curry paste, stirring paste thoroughly into onion. Cook, stirring constantly for 2 to 3 minutes.

To remove seeds from cardamom pods, smash pods with a large knife or meat mallet. Remove the small brown seeds (discard pods) and stir into onion mixture along with sweet potatoes. Cook another 2 to 3 minutes.

Stir in lentils and broth, cover and bring to a boil over high heat. Reduce heat and simmer, covered, for 15 minutes. Add cauliflower and return to a boil; reduce heat and simmer 8 to 10 minutes or until lentils and vegetables are tender, stirring occasional-

Remove from heat, stir in coriander and season to taste with salt and pepper. Let stand a few minutes before serving. Serve with a dollop of yogurt, if desired.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

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Liz Claiborne, designer Narciso Rodriguez part ways

Apparel and accessories maker Liz Claiborne Inc. and designer Narciso Rodriguez said they have ended their business relationship, 17 months after announcing the partnership. REUTERS

lifestyle 11

Style



Designer without the price tag

who can't afford the price tag attached to the latest Burberry, there's Got 2 Have It! Handbags, a Canadian online handbag rental service (got2haveithandbags.com). The service is available across Canada and offers a large selection, including top designers like Coach, Chanel, Dolce & Gabbanna, Gucci, Prada, Louis Vuitton and more.

METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Show off with booties



ask kim

Last week I read your tip on boots for women with skinny calves. What about women with the opposite problem, big calves? - Susan

As I mentioned before, zappos.com has all sorts of shoes sectioned off into links for women with specific needs, they have a wide calf section that features brands like Naturalizer and type Z. Duoboots.com is another great site. They have 21 different calf sizes to fit every type of leg.

E-mail your style questions to kim.elbo@metronews. ca.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips



aeox.com **Elegant bows** Designer: Nougat

London

Shop: Fine Finds

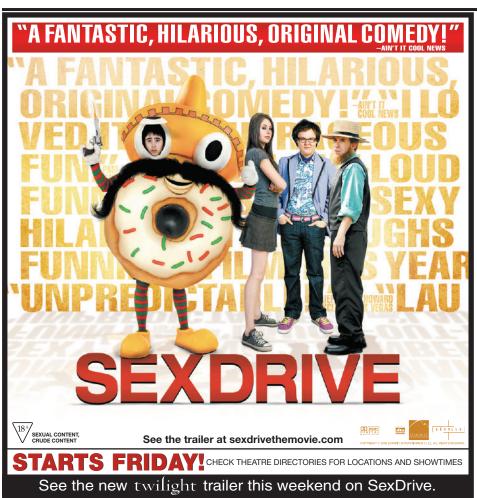
finefindsbou

My favourite

Warm Cable knit Designer: Banana Republic Shop: Banana Republic Address: Various Locations

Bright Driving Gloves

Designer: Club Monaco Shop: Club Monaco Address: Various Locations bananarepublic.com clubmonaco.com



booties

Bring on the booties! Wearing the right ankle boot can make or break an outfit. Only wear booties with dresses, skirts, tights and skinny jeans. Skip ankle boots that are cut straight across on the top, instead opt for ones that are cut on an angle so that your legs will look longer and leaner. Top trends in booties this season are patent leather and suede materials, paired with zippers and buckles and coloured in blacks, purples, greys and reds.



gloves

Protect your hands from the cold weather with some new winter gloves. Last year gloves were worn elbow length long (keep them aside for those cold winter days), but this year gloves are getting a lot shorter. Stay stylish and look out for gloves that are adorned with belts, bows and different coloured stitching. The shortest of the gloves are the driving gloves by Club Monaco — by far my favourite. Wear them with a long sleeve jacket so that your arms don't get too cold.



Contest closes on October 19, 2008. Must be 21 years of age to enter the contest. Winner must accept prize as awarded and must be eligible to travel outside of Canada. Prize does not include airfare, transfers, taxes or hotel (cruise only). Winner must answer a mathematical skill testing question before prize can be awarded

Elton John penning musical comedy about AIDS

Elton John is writing a "film musical" about a man who has AIDS. The singer is penning the show with actor Ben Stiller in mind for the lead role, and despite its seemingly bleak subject matter John insists it will be a comedy. FEMALEFIRST.CO.UK

Entertainment

Weird jobs

ed his career in Hollywood with his "weirdest job" to date · he first worked as a stand-in for Bill Cosby on his hit 1980s

Return to familiar role Cutting loose tenacious guys requires creativity

STEVE GOW

As Mark Wahlberg discovered filming his latest thriller in the middle of a cold Canadian winter, when people call Toronto "Hollywood North," they aren't talking about the

"It wasn't that fun to make," admitted Wahlberg during an interview to promote Toronto-shot Max Payne in sunny Los Angeles. "It was pretty brutal but these are the kinds of movies that I want to go and see and I think people enjoy seeing me in them."

That's just the kind of dedication that earned the 37-year-old actor an Oscarnomination for his rocksolid performance in The Departed and top-billing in



Mark Wahlberg stars in Max Payne, which open tomorrow.

Max Payne — in theatres tomorrow — a stylistic thriller about a vengeful maverick cop.

After playing a science teacher in this summer's The Happening, Wahlberg is the first to admit he's glad to be back playing the anti-hero; a character that fits him well.

"I got a lot of real life experience," explains Wahlberg about relating to such characters through his Boston upbringing.

"I try to always find something that I can identify with or connect with, with every character that I play. I think that's the only time I can really be 100 per cent believable in (these types of) characters.'

In Max Payne, Wahlberg plays the renegade cop who discovers a dark underworld that uncovers shocking secrets about the death of his wife and child. While many fans will recognize the thriller is based on an extremely successful videogame, it certainly didn't register with Wahlberg.

"I read it before I knew it was a videogame," says Wahlberg. "My whole thing is, if I like the character and I think I can be great in it and people enjoy it and I like the screenplay and we can put a great team together then I want to make the movie and it really doesn't go further than that."

ome guys can't take a hint. Driven by their need for the chase, they interpret unanswered phone calls, texts, e-mails and door bells as steadfast signs should simply try harder. That's your cue to get crafty, ladies. Here's how. 1) Show him your wordy side. Of course, there are men, even straight ones, who enjoy the intellectual readings and discussions found on Wordfest's roster this year. But those men are also sensitive enough to know when a woman is not interested. For the other kind, a Wordfest event like Lattes, Love and Laughter at the Vertigo Theatre Saturday, is akin to a torture chamber. And not the sexy kind.



2) Skip town. T(ime) + $A(voidance) \times D(istance) =$ JNTIY (just not that into you). Test the "D" factor in this equation by visiting the Royal Tyrrell Museum in Drumheller this weekend. By yourself.

Palaeoecologist David Eberth is speaking about climate change at the museum Saturday afternoon. No need to pre-register for the free event. But do turn off your phone during the lecture — you'll also avoid

any unwanted calls.3) Say "just friends." **Again.** Phone when you know he won't answer and leave a voicemail inviting him to a speed dating event. You know, one where you'll both meet other people.

Register at 25dates.com for two upcoming events, one for men 35-45/women 30-40 tonight and another for both sexes in the 25-35 range next week.

4) Drop an L-bomb. Both "I'm a lesbian" and "I love you" work here. But be warned: these bombshells may backfire. Either could encourage his advances.

5) Make him disappear. Should none of the above help, take him to see David Copperfield. The world-famous magician performs four times at the Southern Alberta Jubilee Auditorium over the next two days. Volunteer your date as a special assistant, and hope he goes "poof" right before your very eyes.

Jam up Metro's inbox by emailing us



Read reviews of new albums from Lucinda Williams. Keane and more at metronews.ca/music

IntelleVision



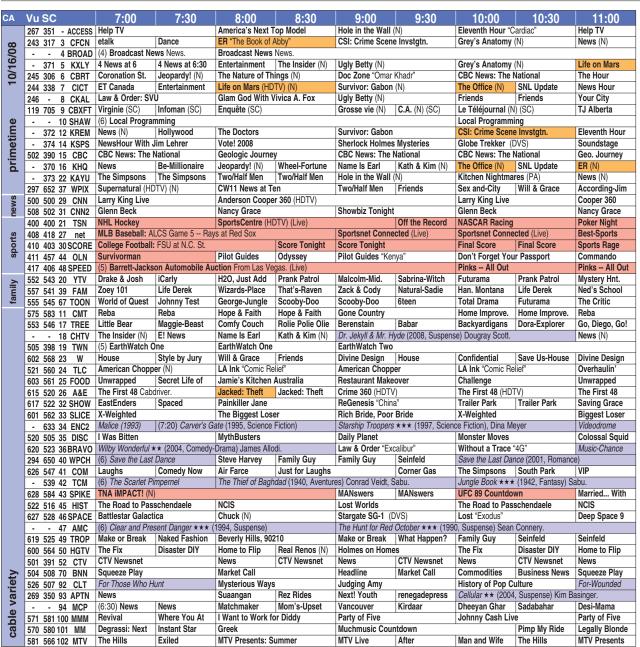
critics'corner_

There's a bun in the oven, so get your potholders; this one's gonna be hot. Michael (Steve Carell) practices for the birth of Jan's (Melora Hardin) baby by having Dwight (Rainn Wilson) go over possible birthing sce-narios. (Think water breaking during an electrical storm.)
Meanwhile, Michael tells Holly (Amy Ryan) that he will pretend to dislike her for Jan's benefit. Oh what a tangled web ... of placenta. 10 PM on CICT KHQ



Jacked: Auto Theft Task

Crooks are sometimes so amazingly stupid it makes you wonder how they make it through the night. In this new episode, "I Just Wanted My Burger," the task force is in Newark, N.J., where a successful block captures a stolen vehicle at a drive-through window, of all places. The team also recovers a stolen tractortrailer and gets a real cardio workout when a perp takes off on foot. All we can say is we hope that was a really good burger. 8 PM on A&E





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MOVIES Daniel Craig will

ple still want to

will keep

see these movies, I

them for as long as

14 entertainment



After much speculation, the cause of Janet Jackson's mystery illness — which caused her to cancel a string of tour dates has been revealed. The 42-year-old was suffering from vestibular migraines, her rep said in a statement. PEOPLE.COM

Celebrity Buzz

Bye bye, Madge & Guy

RELATIONSHIPS Pop star Madonna and her director husband Guy Ritchie are ending their almost-eightyear marriage, a rep for the singer confirmed yes-

terday. "Madonna and Guy Ritchie have agreed to divorce after 71/2 with and diyears of marvide what riage. They have they built both requested up fairly equally," that the media said David maintain spect for their family

read the statement by Liz Rosenberg.

The statement, which was co-signed by Ritchie's representative, also said that the couple had not agreed to a settlement.

"The judgment of the court would be to try to assess what they came in firm, told The Associated In a front-page story yesterday, Britain's The Sun

newspaper claimed the couple will be issuing a statement "imminently" on the demise of their relationship, which has been the subject of much speculation in recent months.

Contacted by People, a rep for Madonna declined to comment on the story.

Madonna, 50, is in the midst of her Sticky and Sweet tour and is set to Boston tonight. Ritchie, 40, was believed to be on the set of his latest film, Sherlock Holmes.

in London, his family de-

celebrity brief

lawyer with Family Law in



Reached at their home clined to comment.

METRO NEWS SERVICES

HELLO! Hot shot of the week

eTalk correspondent Sophie Grégoire-Trudeau, wife of newly minted Liberal MP Justin Trudeau, has joined Dove's Pay Beauty Forward campaign aimed at improving self-esteem among girls and women. "We live in a culture of comparison," the 33-year-old mom, who's expecting baby No. 2 this winter, told HELLO! Canada in an exclusive interview.

HELLO! CANADA magazine, now available on newsstands – read more at hellomagazine.ca

Craig as Bond a 'long-term' deal

play James Bond until his "knees go," femalefirst.co.uk reports. The actor, who reprises his role as the spy in new **METRO NEWS** movie Quantum of Solace, insists he has no intention of giving up the part in the near future. "Bond is becoming a long-term job," he says.
"We will see how this one turns out. "If everything goes well, if peo-

it takes - or until my knees go, whichever happens quic-

sunscreen, don't smoke and I take care myself.

to say that.'

NEWS SERVICES

SURGERY Actress Nicole Kidman has panned rumours that she's had cosmetic procedures, MSN Entertainment reports.

No work for Nicole

"I am completely natural," Kidman told

Marie Claire U.K. "I have nothing in my face or anything. I wear and I'm verv proud

Hudgens got to meet Cruise!

CELEBRITY Through her friendship with former Spice Girl Victoria Beckham, Vanessa Hudgens got to meet actor Tom Cruise, who gave the High School Musical star some good advice, intouchweekly.com

"Tom was so sweet and such a nice guy," Vanessa told Access Holly-

"Just telling me there isn't much that you can do (about being in the lime-

"It's just part of your life News services

now, so you have to accept

"He is an amazing guy I look up to him."

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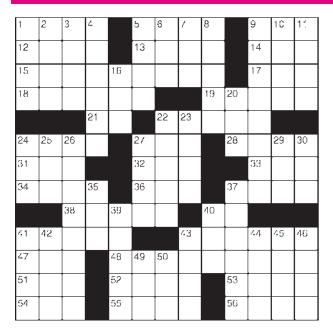






entertainment 15

Take Five



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	3			1				2
		6	5		7			4
			4	6	3			
	2					6		
5	4						9	7
		9					3	
			2	3	1			
4			9		8	7		
8				7			1	

Crossword across

- 1 Audacious
- 5 See 6-Down
- 9 Waste no time
- 12 Hebrew month
- 13 Brewery creations
- 14 Peculiar
- 15 Breakfast spuds
- 17 "Family Guy" daughter
- 18 Tire patterns
- 19 Adversary
- 21 Mother
- 22 Ask (for), as a loan 24 Wan
- 27 Occupation
- 28 Shakespeare sobriquet
- 31 Writer Buscaglia 32 Parisian pal

- 33 Stickum
- 34 Dalai —
- 36 "Of course"
- 37 Mile fractions
- 38 Go in
- 40 Greeting
- 41 Fibula neighbor
- 43 Aromatic resin
- 47 Perp. to vert.
- 48 Base runner's goal
- 51 Lamb's dam
- 52 Exam format
- 53 Unyielding
- 54 Gullet
- 55 Right on the map?
- 56 Knight's backup

Crossword down

- 1 Thai money
- 2 Bloodhound's clue 3 Weak, as an excuse
- 4 So-o-o-o handsome
- 5 Monkey -
- 6 With 5-Across, "open
- sesame" man
- 7 Spelldown 8 No liability
- 9 Web site intro
- 10 The same (Lat.)
- 11 Provocative 16 Food safety org.
- 20 Gist
- 22 Marge's hubby
- 23 Sacred Egyptian bird
- 24 Every crumb 25 Vast expanse

- 26 Domestic beer?
- 27 Davidson of "The Crying Game"
- 29 Fish eggs
- 30 Speck
- 35 Blackbird
- 37 Embellishment
- 39 U.S. resort lake
- 40 Chance 41 Yon folks
- 42 "The Music Man" locale
- 43 Sash
- 44 Rani's wrapper
- 45 Covering
- 46 Clothing store department
- 49 pro nobis
- 50 More, to Manuel

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

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2	4	7	9	8	3	1	6	5
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5	9	3	2	6	1	4	7	8

Find today's answers + play more games at metronews.ca

SU	DO	ΚU	SOLV	EΤ	IME:

- Under 13 minGenius 13-17 min.....Scholar
- 17-21 minSmart 21-25 minNot bad 25+ min.....Keep practising

Recipe of the day



Sesame sausages with peppers and bok choi

INGREDIENTS:

- 2 large red peppers, halved lengthways and deseeded
- 2 large yellow peppers, halved lengthways and deseeded
- 6 thick pork sausages, about
- 2 tbsp tomato ketchup 2 tbsp hoisin sauce
- 3 heads bok choi, separated into leaves
- 3 tbsp sesame seeds

METHOD:

- 1. Put the peppers and sausages on the rack of a pre-heated (to medium heat) sauté pan or frying pan and sauté for 15-20 minutes, turning from time to time until sausages are evenly browned and cooked through and peppers are tender and lightly charred.
- 2. Meanwhile, mix tomato ketchup and hoisin sauce in a shallow bowl. Tear bok choi into bite-sized pieces and put into a serving dish. 3. Transfer the sausages to

the ketchup mixture and roll to coat evenly. Cover grill pan rack with foil. Place sausages back on foil and grill for a further 1 minute or until glaze is bubbling. Turn sausages and sprinkle with the sesame seeds, then cook for another 1 minute until the seeds are golden. 4. Cut the peppers into

wide strips and thickly slice sausages on the diagonal. Add pepper strips and sausage slices to the bok choi, toss together and serve warm.

PER SERVING

375 calories, 18g protein, 25 g total fat, 8 g saturated fat, 22 g carbohydrate, 16 g sugars, 4 g fibre, 1061 mg sodium

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on



AVATAR VENUS

Horoscopes

ARIES MARCH 21-APRIL 20

A shy person talks about love and flirtation. Persist until you get what you came for. Your daring ways will inspire opportunity to knock.

LIBRA

SEPT 23-OCT 23

A disagreement is turned into a platform for dialogue. An arrogant person grants some wishes. A forgetful scoundrel seems to be foolhardy.

TAURUS APRIL 21-MAY 21

SCORPIO

tention.

frontation.

GEMINI

Keep your nose to the grindstone. Powerful people will affect you in public. An outwardly helpless person begs for at-

OCT 24-NOV 22

A secret enemy refuses to go away. A man becomes friendly after dark. Common sense comes in handy during a con-

MAY 22-JUNE 21 A woman will tell you about a strange problem. A foolish idea will be lucrative. There's a farce going on around you.

SAGITTARIUS NOV 23-DEC 21

A bad character is noticed by those who matter. Rearranging things will give you grief. A light-hearted woman will get your attention.

CANCER JUNE 22-JULY 22

A fitting lesson will be taught. Somebody's chronic indecision forces you to wait. A critical comment has a blunt impact.

CAPRICORN DEC 22-JAN 20

(%) An invitation will cast a pall over the day. A gloomy stranger makes weird noises. Don't take chances when giving advice.

LEO JULY 23-AUG 23

Don't give in to slothfulness. A friend thinks that you're too sympathetic. An emotional problem can provoke a quarrel.

AQUARIUS JAN 21-FEB 18

Your confidence will get boosted. An independent friend is a good example. An idiotic staff member will make things diffi-

VIRGO AUG 24-SEPT 22

A fast friend will show how to make dreams come true. Know yourself before judging others. Officials will make a bad deci-

PISCES

FEB 19-MARCH 20

A middle-aged man has a change of heart. Doing the right thing brings a new connection into your life. Being clear-headed causes a delay.









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